



Home Environment Assessment Tool for Hoarding (HEATH)

Date: _____
Client: _____
Assessor: _____

Assessment Instructions: Use this tool to assess the home for risky conditions related to hoarding. The HEATH will guide you to assess the level of risk in five categories.

Follow these three steps:

1. Visually assess items on the checklist.

- Check the “ok” box if the item does *not* present risk related to hoarding, including if the item is not relevant (e.g., no stairs or interior hallways in the home).
- Check the “⊗” box if there is *any* risk related to hoarding. Make a comment about the risks you observe in the Areas of Concern space.
- Use the “Other” line within each category to add inspection items that are unique to a specific home or to your professional training.
- If you cannot see some areas for any reason, including due to conditions in the home, then do not check any box. Make note of this in the **Areas of Concern**.
- Talk to the resident to get more information if needed.

2. Make ratings for each category.

Based on your training and experience, rate the *overall* seriousness of the risks you observed in each category. Using the rating scale below, circle the number that reflects your overall rating of risk in the category.

0 = low or no risk: meets common minimum standards for environmental health and safety

1 = moderate risk: health or safety concerns that are important to address

2 = high risk: urgent health or safety concerns

X = not enough information to make an overall rating of this category

Assessment Tips:

- Context matters. The details of the situation in the home (e.g., building type, whether there are vulnerable occupants, how the home is used) may increase or lower risk compared to the same conditions in a different home.
- A category may be high risk even if only one item is marked “⊗” if it represents an *urgent* health or safety concern. On the other hand, a category may be only moderate risk even if it has multiple items checked as “⊗” if the areas of concern are not *urgent* health or safety concerns.
- Use “**Not assessed**” if you did not observe enough items to make a judgment about degree of risk in that category. In some cases, you may rate a category as high risk even if you were able to observe only one item.

3. After completing the overall ratings for each category, write these ratings in the summary table below.

Sum the ratings from the five risk categories to calculate the total score.

Scoring Summary

Category	Rating
Safe Pathways	
Fire Safety	
Structural Integrity	
Health and Wellness	
Sanitation	
TOTAL	

Safe Pathways	<i>Areas of Concern</i>			
ok <input type="radio"/>				
Exterior doors accessible (can open at least 90°)				
Windows in sleeping room(s) clear for emergency exit				
Emergency responders can enter (with equipment)				
Main paths through daily living space clear for safe passage				
Hallways clear for safe passage and emergency exit				
Stacks or piles lower than 4-feet (120 cm)				
Stairs clear for safe passage and emergency exit				
Other:				
Rate Safe Pathways:	0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Fire Safety	<i>Areas of Concern</i>			
ok <input type="radio"/>				
Stove/oven has 1-foot (30 cm) clearance from combustibles				
Furnace/hot water tank has 3-feet (1 m) clearance				
Space heater has 3-feet (1 m) clearance				
Fireplace has 3.9-feet (1.2 m) clearance				
Radiators have 1-foot (30 cm) clearance from combustibles				
Smoke alarms work and entire ceiling has 3-feet (1 m) clearance				
Carbon monoxide (CO) alarms work				
Sprinkler heads have 1.5-feet (45 cm) clearance				
Electrical cords are intact (e.g., no exposed wires)				
No electrical problems (e.g., overloaded circuit)				
No extension cords coiled or under combustibles (e.g., clothing)				
No hazardous materials (e.g., fireworks) stored in the home				
No open flame (e.g., kerosene lantern) used as a heat source				
Other:				
Rate Fire Safety:	0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Structural Integrity	<i>Areas of Concern</i>			
ok <input type="radio"/>				
Floor boards, stairs, porch are stable				
No visible signs of water leaks				
No obvious leak in the roof				
Other:				
Rate Structural Integrity:	0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Health and Wellness <i>(circle each item of concern on a line)</i>	<i>Areas of Concern</i>			
ok <input type="radio"/>				
In-home health care or support services can be provided				
Electricity, heating, and hot water are usable				
Toilet, bathtub/shower, sinks are usable				
Refrigerator/freezer is usable				
Medical equipment/medication is accessible				
Other:				
Rate Health and Wellness:	0 Low risk	1 Moderate risk	2 High risk	X Not assessed
Sanitation <i>(circle each item of concern on a line)</i>	<i>Areas of Concern</i>			
ok <input type="radio"/>				
No spoiled or rotting food				
No contaminated items (e.g., used toilet paper/tampons)				
No detectable urine or feces				
No insect or rodent infestation				
No widespread mold, mildew, or chronic dampness				
Other:				
Rate Sanitation:	0 Low risk	1 Moderate risk	2 High risk	X Not assessed